

**Lunch Menu**



**Served From 11 - 3  
Tuesday - Saturday**

Or Call Your Order in Ahead  
for Eat In or Take Out

**227-7770**

**Custom Catering  
Available For Your  
Special Occasion, Office Party, Seminar  
On Premise or at Your  
Home, Office or Catering Hall  
All Menus are Available on Our Web Site  
[www.CatalanosPastaGarden.com](http://www.CatalanosPastaGarden.com)**

## Salads

<b>Grilled Chicken</b> .....	8.95
Seasoned with Your Choice of Herb, Cajun, Lemon Pepper, Garlic Pepper or Smokey Mesquite	
<b>Chicken Caesar Salad</b> .....	8.95
Fried or Grilled Chicken	
<b>Shrimp Caesar Salad</b> .....	9.95
Grilled, Fried or Chilled Shrimp	
<b>Cajun Chicken Parm Salad</b> .....	9.95
Breaded Chicken Cutlet Smothered with Cajun Seasoned Onions, Mushrooms & Mozzarella, Over a Garden Salad	
<b>Seafood Salad</b> .....	13.95
Calamari, Scungilli & Shrimp Marinated with Our Lemon & Olive Oil Dressing Served Over a Garden Salad	

## Sandwiches & Wraps

### **Served with Fries, Pickle & Cole Slaw or Salad**

<b>Grilled Chicken</b> .....	7.95
Seasoned with Your Choice of Herb, Cajun, Lemon Pepper or Garlic Pepper with Lettuce, Tomato & Mayo	
<b>Sliced Steak Sandwich</b> .....	7.95
Sautéed with Peppers, Onion Topped with Melted Cheese	
<b>Cajun Steak</b> .....	7.95
Sliced Steak Sautéed with Mushroom & Onion with Cajun Seasoning Topped with Melted Cheese	
<b>Fried Fish</b> .....	7.95
Breaded Cod Filet, with Lettuce, Tomato & Tartar Sauce	
<b>Fried Shrimp</b> .....	8.95
Breaded Shrimp with Lettuce Tomato & Tarter Sauce	
<b>Buffalo Chicken Wrap</b> .....	7.95
Crispy Breaded Chicken Wrapped with Lettuce, Tomato & Blue Cheese Dressing	
<b>Crispy Chicken Wrap</b> .....	7.95
Crispy Breaded Chicken Wrapped with Lettuce, Tomato, Hot Cherry Peppers & Bacon Ranch Dressing	
<b>Grilled Caesar Chicken Wrap</b> .....	7.95
Grilled Chicken Wrapped with Lettuce, Tomato & Creamy Caesar Dressing	
<b>Blue Cheese Pepper Steak Wrap</b> .....	8.95
Sliced Steak sautéed with Peppers & Mushrooms Wrapped with Crumbled Blue Cheese & Lettuce	

## 8oz. Angus Burgers

<b>Served with Fries, Pickle &amp; Cole Slaw or Soup or Salad</b>	
<b>Burger</b> .....	7.50
<b>Cheese Burger</b> .....	7.95
<b>Blue Cheese Burger</b> .....	7.95
<b>Bacon Cheese Burger</b> .....	8.50
<b>Mushroom &amp; Onion Cheese Burger</b> .....	8.50
Sautéed Mushroom & Onion	
<b>Pizza Burger</b> .....	8.50
Topped with Tomato Sauce & Mozzarella	

## Hot & Cold Wedges

<b>Veal Cutlet Parmigiana</b> .....	8.95
<b>Chicken Cutlet Parmigiana</b> .....	7.95
<b>Eggplant Parmigiana</b> .....	7.95
<b>Meatball Parmigiana</b> .....	7.95
<b>Shrimp Parmigiana</b> .....	8.95
<b>Sausage</b> .....	7.95
w/Peppers, Onion & Mozzarella	
<b>Genoa Salami &amp; Provolone</b> .....	7.95
Lettuce, Tomato & Italian Dressing	
<b>Ham &amp; Cheese</b> .....	7.95
Lettuce, Tomato & Mayo	
<b>Italian Combo</b> .....	8.95
Lettuce, Tomato & Italian Dressing	
<b>Peppers &amp; Eggs</b> .....	5.95
On Toasted Italian Bread	

## Pizza Rolls

<b>Mozzarella Roll</b> .....	5.95
<b>Pepperoni &amp; Cheese</b> .....	5.95
<b>Sausage, Peppers &amp; Onion</b> .....	5.95
<b>Chicken &amp; Mozzarella</b> .....	5.95
<b>Broccoli &amp; Mozzarella</b> .....	5.95
<b>Spinach &amp; Mozzarella</b> .....	5.95
<b>Eggplant, Roasted Peppers &amp; Mozzarella</b> .....	5.95

## Pizza

<b>Large Pie</b> .....	11.95
<b>Small Pie</b> .....	9.95
<b>Mini Pizza</b> .....	5.95
<b>Calzone</b> .....	5.95
<b>Toppings</b> ..... .95 Mini .95Half 1.95 Full	
Extra Cheese - Pepperoni - Sausage - Mushroom - Onion Peppers - Meatballs - Broccoli Eggplant - Garlic - Bacon	
<b>Chicken or Seafood Toppings</b> ..... .95 Mini 1.95 Half 2.95 Full	
Anchovie, Baby Shrimp or Clam	
<b>White Pizza</b> .....	13.95 14.95
Ricotta, Mozzarella & Garlic	
<b>Vegetable Delight</b> .....	13.95 14.95
Mushroom, Peppers, Onion & Eggplant	
<b>Salad Pizza</b> .....	13.95 14.95
Garden salad with Italian Dressing, No Cheese	

## Vegetarian/Vegan

<b>Garlic &amp; Olive Oil</b> .....	6.95
<b>Broccoli or Mix Vegetables, Garlic &amp; Olive Oil</b> .....	7.95
Over Your Choice of Spaghetti, Linguini, Fettuccini, Angel Hair or Penne	
<b>Vegetable &amp; Cheese Lasagna</b> .....	7.95
Broccoli, Cauliflower, Spinach, Carrots, Mushroom & Onion Mixed with Seasoned Ricotta & Mozzarella Baked with Marinara Sauce	
<b>Portabella Ravioli alla Vodka</b> .....	8.95
Sautéed with Mushrooms in a Vodka Sauce	
<b>Vegetable Ravioli</b> .....	8.95
Egg Free Pasta Filled with Tofu & Vegetables, Served with Mushroom Marinara Sauce	
<b>Penne Garden Style</b> .....	8.95
Penne Pasta Tossed with Broccoli, Onion, Mushroom, Spinach & Roasted Red Peppers Sautéed with Garlic & Olive Oil	
<b>Roasted Vegetable Medley</b> .....	8.95
Penne Tossed with Roasted Eggplant, Zucchini, Squash, Carrots, Mushrooms & Broccoli Sautéed in Garlic & Olive Oil	

## Pasta

### Spaghetti, Linguini, Fettuccini, Angle Hair or Penne

<b>Marinara Sauce</b> .....	6.95
<b>Tomato Sauce</b> .....	6.95
<b>Meatball or Sausage</b> .....	7.95
<b>Meat Sauce</b> .....	7.95
<b>Mushroom Sauce</b> .....	7.95
<b>White or Red Clam Sauce</b> .....	8.95
<b>Shrimp Sauce</b> .....	8.95
<b>Alfredo</b> .....	8.95
<b>Primavera</b> .....	8.95
Alfredo Sauce with Mixed Vegetables	
<b>Carbonara Sauce</b> .....	9.95
Cream Sauce with Onion Bacon & Garlic	
<b>Bolognese Sauce</b> .....	9.95
Meat Sauce with Peas & Cream	
<b>Anchovies, Garlic &amp; Olive Oil</b> .....	8.95
<b>Cheese Ravioli with Tomato Sauce</b> .....	8.95
<b>Spinach &amp; Cheese Ravioli with Tomato Sauce</b> .....	8.95
<b>Meat Ravioli with Tomato Sauce</b> .....	8.95
<b>Cavatelli with Tomato Sauce</b> .....	8.95
<b>Gnocchi with Tomato Sauce</b> .....	8.95
<b>Meat or Cheese Tortellini with Tomato Sauce</b> .....	8.95

## Baked Pasta

<b>Baked Penne</b> .....	6.95
<b>Baked Penne Siciliano</b> .....	7.95
with Eggplant	
<b>Baked Penne Rosa</b> .....	7.95
with Sliced Meatball & Sausage	
<b>Lasagna</b> .....	8.95
<b>Manicotti</b> .....	8.95
<b>Stuffed Shells</b> .....	8.95
<b>Baked Cheese Ravioli</b> .....	8.95
<b>Baked Gnocchi</b> .....	8.95

## Entrées

<b>Chicken Parmigiana</b> .....	7.95
<b>Chicken &amp; Eggplant Parmigiana</b> .....	8.95
<b>Chicken Marsala</b> .....	8.95
Chicken Sautéed with Mushrooms in a Marsala Wine Sauce	
<b>Chicken Francese</b> .....	8.95
Egg Dipped Chicken Breast Sautéed in a Lemon, Butter & White Wine Sauce	
<b>Chicken Piccata</b> .....	8.95
Chicken Breast Sautéed with Capers in a Lemon, Butter & White Wine Sauce	
<b>Chicken Scarpariello</b> .....	8.95
Chicken Breast Sautéed with Sausage, Mushrooms, Onions & Peppers in a Garlic, Lemon & White Wine Sauce	
<b>Chicken Cacciatore</b> .....	8.95
Chicken Breast Sautéed with Mushroom, Onion & Peppers in a Marinara Sauce	
<b>Chicken Pepperoncini</b> .....	8.95
Breaded Cutlet Sautéed with Pepperoncini Peppers & Mushrooms in a Spicy Vinaigrette Sauce	
<b>Chicken Mona Lisa</b> .....	8.95
Chicken Breast Topped with Seasoned Ricotta, Spinach & Mozzarella Sautéed in a White Wine Sauce	
<b>Veal Parmigiana</b> .....	10.95
<b>Veal &amp; Eggplant Parmigiana</b> .....	11.95
<b>Veal Marsala</b> .....	12.95
Veal Sautéed with Mushrooms in a Marsala Wine Sauce	
<b>Veal Alla Theresa</b> .....	12.95
Breaded Cutlet Sautéed with Onion & Mushrooms in a White Wine Sauce Topped with Mozzarella	
<b>Veal Sorrentino</b> .....	12.95
Breaded Cutlet Topped with Ham, Eggplant & Mozzarella, Sautéed with Mushrooms in a Light Brown Sauce	
<b>Eggplant Parmigiana</b> .....	8.95
<b>Eggplant Rolletini</b> .....	8.95
<b>Clams Marinara or Fra Diavolo</b> .....	9.95
<b>Filet of Sole Francese</b> .....	9.95
Egg Dipped Sole Pan Fried & Sautéed in a Lemon & White Wine Sauce	
<b>Shrimp</b> .....	10.95
Scampi, Fried, Marinara or Parmigiana	
<b>Shrimp Francese</b> .....	11.95